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Association For Research and Enlightenment  
New York City ARE

Part I  
“The Life and The Work of Edgar Cayce”

**Edgar Cayce, ‘The Father of Modern Holistic Healing’,** also commonly referred to as: **“The Sleeping Prophet”** was known for his innate ability to diagnose, treat and heal physical conditions within the body of another while in an unconscious state, and more frequently when the subject was not even in his presence.

Mr. Cayce would loosen his belt and tie, place his hands on his abdomen, remove his shoes, and lay in a prone position. His assistants would provide a suggestion, prompting him to withdraw to the unconscious, and once in a trance state, he would then begin to articulate.

He would first identify the condition in issue, its origin, and its effect on the body of the entity in question, and then subsequently conclude with a holistic treatment of either natural remedies, osteopathic manipulations or both. Upon returning to consciousness, he was unaware of what he had said or where it had emanated from. <sup>1</sup>

In one interesting anecdote, his long suffering and devoted secretary once said, in essence, that “...Mr. Cayce uttered eleven million words in trance and never recalled not even one of them...”

Over a period of forty years, from approximately 1901 to 1944, he conducted over fourteen thousand such **“Readings”** in this state, almost all of which were steno-graphically recorded and transcribed and since preserved in the archives of the organization he founded in the 1930’s, **“The Association For Research & Enlightenment” (A.R.E.) in Virginia Beach, Va.**

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<sup>1</sup> See: *The Autobiography of Edgar Cayce; “There Is A River”, “The Sleeping Prophet” or “The Lost Memoirs of Edgar Cayce, Life as a Seer”, A.R.E. Press, Virginia Beach, Va., “Edgar Cayce, An American Prophet”, Sidney D. Kirkpatrick, Riverhead Books / The Berkley Publishing Group.*

*Approximately one half of these **Readings** (the first twenty years or so) were **Holistic** in nature, prescribing the proper course of treatment and or remedy for innumerable bodily conditions, with an almost perfect rate of accuracy and effectiveness.*

*The second half of his tenure, however, was mostly spent in a different context, so to say, conducting “**Life Readings**” where individuals were introduced to past life experiences and the karmic ramifications of these in the present life’s journey, as well as their soul contracts and soul assignments in the here and now. In all, it is documented that **Edgar Cayce** dealt with ten thousand different subjects throughout the **Readings** in this forty-year period or more.*

*Yet, despite and through all of this, **Edgar Cayce** remained a simple man and a modest man, who displayed and practiced humility and dignity all of his life. An avid Bible reader and later a Sunday School teacher, as well as a talented photographer by profession, he often struggled to understand his gift and his mission.*

*He never profited and never sought fame or fortune yet he remained loyal to his faith and his Christian beliefs, often providing **Readings** for a mere donation, only, and never refusing one where the person in need could not afford to pay. He had no medical training or knowledge of anatomy or physiology whatsoever in this life experience and readily admitted this – albeit a somewhat incredible and most unusual fact under these circumstances, especially in the early 1900’s.*

*But he undoubtedly acknowledged and respected this strange ability he found himself bestowed with in tapping into the **Universal Mind**. In this sense, he was quite intrigued and most confused to later learn he was expressing a doctrine of incarnation and reincarnation – a concept seemingly inconsistent with his conventional religious beliefs – as he delivered these “**Life Readings**” during the second part of his life as a “**Seer**.”*

*(In a recent **Harris Poll** conducted throughout November of 2008 surveying 2,126 adults in the U.S., the question was asked whether the subject believed or did not believe in **Reincarnation**, i.e. that they “**were once another person**.” Interestingly enough, 24% of those surveyed responded that they did in fact believe that they were once another person. This represents nearly one quarter of the total random sample polled and is clearly indicative of the current trend in our society in favor of alternative concepts and beliefs regarding **Life and Death**)*

*Part II*  
*“The Spirit World Unveiled”*

*When we speak of the Spirit World, we talk about things unseen. When we use the term ‘Spiritual’ our reference is to the invisible, the non physical – that which we know and feel and sense, but cannot humanly touch, or see with our eyes.*

*Between this third dimensional, physical world and the Spiritual realms, there is a Veil, which is porous and which can be penetrated, for there is no Separation.*

*Inextricably woven within these realms, are found the basis and the origin of the two most important and immutable Universal or Spiritual Laws, which supersede and govern all life on the Earth plane and otherwise – The Laws of Karma and of Reincarnation.*

*And, on the OtherSide, where those discarnate have since passed over to and now rest and reside at, the only distinction is that of: “Life Separated By Density – That is all.” The difference being in the form of matter, only, and not in substance.*

*Through meditation and belief comes the opening and expansion of Human Consciousness, and thus, these other systems and levels can become readily accessible. This is the inherent basis for inter dimensional communications and transmissions, including mediumship and channeling.*

*In this presentation, through personal and other well documented experiences, and the histories of those who have demonstrated these abilities both credibly and consistently throughout the last century and before – such as Edgar Cayce, Jane Roberts, Helen Greaves, Nostradamus, Emanuel Swedenborg, Grace Cooke, and many, many more – we will, in essence, enter, navigate and explore..... “The Spirit World Unveiled”*

